

Weakley County School Nutrition Program

Martin Elementary School

**October 2018 Menu**

Milk choice & Fruit choice offered daily

“This institution is an equal opportunity provider.”

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1 Pancake on a Stick</b>	<b>2 Cereal bar</b>	<b>3 Chicken or Sausage Biscuit</b>	<b>4 Yogurt &amp; Granola</b>	<b>5 Cocoa Bread or Banana Bread</b>
Beef Nachos Crispitos Nacho Cheese Salsa Potato Wedges Fresh Broccoli and Ranch Apples/Diced Pears	Corndog Cheese Sticks w/ Marinara <b>3<sup>rd</sup> choice: Yogurt &amp; Crackers</b> Carrots w/ Ranch Pepper Fries Mandarin Oranges/ Pineapple  <b>Remember: National Custodian Day</b>	Bacon Cheeseburger Chicken Fajita <b>3<sup>rd</sup> choice: Chef's Salad</b> Lettuce, Tomato, Pickles, Onion California Blend Fries Fruit Cocktail /Apple Slices	Quesadilla Traveling Taco <b>3<sup>rd</sup> choice: PB&amp;J Uncrustable</b> Mexican Beans Spanish Rice Mexican Taco Trimmings & Salsa Grapes/ Apples 	Grilled Chicken Wrap Fish Nuggets <b>3<sup>rd</sup> choice: Cereal &amp; String Cheese</b> Hushpuppies Glazed Carrots White Beans Slaw Applesauce cup /Raisins Assorted Pudding



**OCTOBER 8-12**

**NO SCHOOL**

**October 15-19 National School Lunch Week**



15 Pillsbury French Toast or Waffles	16 Cereal	17 Chicken or Sausage Biscuit	18 Cinnamon Pretzel Stick or Pancakes	19 UBR Round or Cereal Bar
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**National School Lunch Week**

<b><u>Mrs. Lindsey's Class Menu</u></b> Stuffed Crust Pizza Boneless wings w/ dipping sauce Garlic Bread Fries Fresh Side Salad w/ Cherry Tomato Grapes / Strawberries	Mini Corn Dogs Popcorn Chicken <b>3<sup>rd</sup> choice: Yogurt &amp; Crackers</b> Black-eye Peas Corn Sliced Pineapple/Apples Remember: Boss's Day	Chicken Nuggets Pizza <b>3<sup>rd</sup> choice: Chef's Salad</b> Macaroni and Cheese (side) Roll Green Beans Mashed Potatoes and Gravy Raisels/ Apple Slices	Pork Chopette Dill Chicken Filets Hot Roll <b>3<sup>rd</sup> choice: Pretzel &amp; Cheese Dip</b> Carrots w/dip English Peas Tropical Fruit/ Oranges	Lasagna Chicken Rings <b>3<sup>rd</sup> choice: Cereal &amp; String Cheese</b> Roll Sweet Potatoes Pinto Beans Peaches/ Apples Chocolate Chip Cookie
<b>22 Cinnamon Roll or Donut</b>	<b>23 Cereal</b>	<b>24 Sausage or Chicken Biscuit</b>	<b>25 Bagel Strawberry Spread</b>	<b>26 Breakfast Burrito</b>
Chicken Philly Sub Meatball Sub Cucumbers/Cherry Tomato and Dip Pepper Fries Apples/ Fruit Cocktail	Chicken and Waffles Fried Bologna and Biscuit <b>3<sup>rd</sup> choice: Yogurt &amp; Crackers</b> Hashbrown Casserole Carrots w/ Dip Pineapple Tidbits/ Grapes	Beef Nachos Crispy Chicken Sandwich <b>3<sup>rd</sup> choice: Chef's Salad</b> Lettuce, Tomato, Pickles, Onion Corn Baked Beans Mandarin Oranges/ Apple Slices	Mini Corn Dogs Spaghetti w/ Breadstick <b>3<sup>rd</sup> choice: PB&amp;J Uncrustable</b> Slaw Glazed Carrots Pears/ Peaches	Chicken Tenders w/ roll Sloppy Joe w/ bun <b>3<sup>rd</sup> choice: Cereal &amp; String Cheese</b> Cheesy Potatoes Turnip Greens Tropical Fruit /Apples Assorted Jello
<b>29 Pillsbury Mini Cinis or Frudal</b>	<b>30 Muffin or Cereal bar</b>	<b>31 Chicken or Sausage Biscuit</b>	<b>NOV 1 Pop tart</b>	<b>NOV 2 Pillsbury Pancakes or Waffles</b>
"School" Pizza Chuckwagon Sandwich Fries Carrots w/Dip Mandarin Oranges/ Pears	Fish Sandwich w/ Cheese Crispy Chicken Sandwich <b>3<sup>rd</sup> choice: Yogurt &amp; Crackers</b> Hot Roll Mashed Potatoes Fresh Salad w/ cherry tomatoes Peaches/ Apples	BOO-B-Q Chicken Sliders Haunted Ham and Cheese Slider <b>3<sup>rd</sup> choice: Chilling Chef's Salad</b> Petriifying Pickles, Lettuce, Tomato Frightening Fries Bloodcurdling Baked Beans Boo-berries/ Spooky Sliced Pineapple Orange Sugar Cookie 	Sweet and Sour Chicken Crispy Steak <b>3<sup>rd</sup> choice: Pretzel &amp; Cheese Dip</b> Lo Mein Noodles Chinese Green Beans Broccoli with Cheese Mixed Berries/ Applesauce Cups	<b><u>Mrs. April's Class Menu</u></b> Hamburger Steak Ravioli & Grilled Cheese <b>3<sup>rd</sup> choice: Cereal &amp; String Cheese</b> Garlic Toast Green Beans Sweet Potato Fries Strawberries/ Apples