



Weakley County School Nutrition Program

Martin Elementary School

February 2019

Milk choice & Fruit choice offered daily
"This institution is an equal opportunity provider."
Menu is subject to change without prior notice.



Love is like the wind. You can't see it, but you can feel it. Nicholas Sparks
This month's challenge: *Write a letter to the person who makes you feel the most loved.*

Monday	Tuesday	Wednesday	Thursday	Friday
3 UBR (Breakfast Oatmeal Cookie)	4 Pancake on a Stick	5 Chicken Biscuit or Sausage Biscuit	6 Cinnamon Roll or Donut	7 Cereal Bowl
Crispy Steak Chicken Tenders 3rd choice: Cereal & String Cheese Hot Roll White Gravy Glazed Baby Carrots Cheesy Potatoes Sidekick Slushie & Fruit Cocktail	Fish Nugget Shapes Chicken Rotel 3rd choice: Yogurt & Crackers Hot Roll Mashed Potatoes Carrots with Dip Strawberry Cup Pear Halves	Fajita Nachos Hot Dog 3rd choice: Chef's Salad Fries Broccoli and Ranch Banana Mandarin Oranges	Mandarin Orange Chicken Beef Dippers 3rd choice: Ham and Cheese Rollup Lo Mein Noodles Egg Roll Chinese Green Beans Edamame Tropical Fruit & Yellow Apple Wedges	"School Pizza" (rectangle) Pollo Loco Chicken w/ Cheese & Rice 3rd choice: Turkey & Cheese Lunchable Fresh Side Salad Corn Sliced Peaches & Fruit Variety Assorted Jello
10 Pillsbury-Waffles or Pancakes	11 Cheese Omelet & Biscuit	12 Chicken Slider or Sausage Biscuit	13 Banana Bread or Cocoa Bread	14 Sausage Links & Cinnamon French Toast
Mini Corndogs BBQ Grilled Chicken w/Hot Roll 3rd choice: Cereal & String Cheese Baked Potatoes Fresh Side Salad Mandarin Oranges Sidekick Slushie	Cheeseburger Chicken Sandwich 3rd choice: Yogurt & Crackers Lettuce, Tomato, Pickles, Onion Baked Beans Fries Pineapple Slices Red Apple Slices	Chicken Nuggets w/Hot Roll Rib Sandwich 3rd choice: Chef's Salad Mac-n-Cheese (side) Mashed Potatoes w/Gravy Green Beans Strawberry Cup Applesauce	Asian Chicken Sweet and Sour Meatballs 3rd choice: Pretzel & Cheese Dip Hot Roll Fried Rice (side) Stir Fry Baby Carrots with Dip Sliced Peaches Sidekick Slushie	<u>Mrs. Candace S. Class Menu</u> (1) 2 Chicken (2) 2 Sausage (3) 1 chicken & 1 sausage (4) 3rd choice: Cereal & String Cheese Biscuits & Gravy Pancake Tater Tots Carrots w/ Ranch & Pickle Spears Fresh Orange Wedge Variety of Fruit Valentine Cherry Mixmi Frozen Yogurt
17 No School	18 Breakfast Pizza with Gravy	19 Breakfast Egg & Cheese Sandwich or Cereal	20 Frudel or Mini Cinni	21 Chicken Bites and Donut Holes
	Pork Chopette w/Hot Roll Crispitos w/ cheese 3rd choice: Yogurt & Crackers Green Peas Mashed Potatoes Tropical Fruit Yellow Apple Wedges	Soft Shell Taco Hot Turkey and Cheese Sandwich 3rd choice: Pepperoni Pizza Lunchable Shredded Lettuce, & Diced Tomato Guacamole Tostitos/Salsa/Sour Cream Fiesta Refried Beans Diced Pears & Applesauce	Corndog Cheese Sticks w/Marinara 3rd choice: Ham & Cheese Lunchable Carrots w/ Ranch Seasoned Fries Banana Peach Cup	Chicken and Waffle Hot Dog 3rd choice: Cereal & String Cheese Chili w/crackers (side) Broccoli and Cheese Baked Potatoes w/toppings Sorbet Cup Variety of Fruit Assorted Pudding
24 Cocoa Bread or Banana Bread	25 Muffin & String Cheese	26 Sausage and Biscuit or Chicken Slider	27 Pop Tart (2 ct)	28 Bacon, Egg & Cheese Pizza
Stuffed Crust Pizza Chicken Philly Sub 3rd choice: Cereal & String Cheese Fries Fresh Veggie Cup with Ranch Dip Pineapple Slices Sidekick Slushie	Poppy Seed Chicken Country Fried Steak with Gravy 3rd choice: Yogurt & Crackers Cornbread Black-eye Peas Cabbage Sliced Peaches Grapes	Chicken Drumstick Hamburger Steak 3rd choice: Pizza Lunchable Hot Roll Pinto Beans Parsley Potatoes Mandarin Oranges Mixed Berry Cups	Grilled Cheese & Ravioli Chicken Rings 3rd choice: Chef's Salad Garlic Bread Roasted Butternut Squash Fresh Side Salad Banana Strawberry Cup	Chicken Sliders w/Chips Traveling Taco 3rd choice: Ham & Cheese Sandwich Corn and Black Beans Fiesta Shredded Lettuce, & Diced Tomato Salsa & Sour Cream Applesauce & Fruit Variety Assorted Mixmi Frozen Yogurts

