

Weakley County School Nutrition Program: Martin Elementary School November 2017 Menu

Choice of 1% or fat free milk offered daily

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Breakfast Burrito or Sausage, Egg, Cheese Slider	2 Sausage & biscuit	3 Granola Bar or Cereal Bar
		<u><i>Mrs. Stacie's Class Menu</i></u> Frito Chili Pie Parmesan Chicken w/ Garlic Bread Carrots w/ ranch dip Corn Blueberries 3rd choice Chef's Salad	<u><i>Mrs. Kym's Class Menu</i></u> Chicken Fries Mozzarella Cheese Sticks Corn Bread Broccoli & Cheese Fresh Side Salad Sliced Oranges 3rd choice: Turkey Sandwich	<u><i>Mrs. Rebecca's Class Menu</i></u> Bacon Cheese Fries Boneless Chicken Wings Hot Rolls Lima Beans Glazed Carrots Strawberries Chocolate Brownies 3rd choice: Cereal & String Cheese
6 Pop Tart or Muffin	7 Chicken Slider	8 Cereal	9 Sausage & Biscuit	10 UBR Round or Oatmeal Bar
Chicken Nuggets w/ Hot Roll Tuna Salad w/ Croissant Crispy Potatoes Fresh Broccoli and Ranch Sidekick Slushie	Deli Sub Philly Sub Lettuce, Tomato, Pickles Vegetable Soup Fresh Side Salad Applesauce 3rd choice: PB & J Uncrustable	Cheeseburger Grilled Chicken Wrap Lettuce, Tomato, Pickles, Onion Baked Beans Fries Tropical Fruit 3rd choice: Chef's Salad	<u><i>Mrs. Mary Lee's Class Menu</i></u> Sausage & Biscuit Bacon & Cheese Omelet w/ Biscuit Sliced Tomatoes Tater Tots Watermelon or Strawberries 3rd choice: Yogurt & Snack Crackers	Rib Sandwich Chicken Philly Macaroni and Cheese (side) Fresh Side Salad Cole Slaw Mandarin Oranges Assorted Pudding 3rd choice: Cereal & String Cheese
13 Chocolate or Powdered Donut	14 Chicken Slider	15 Muffin or Cereal bar	16 Sausage & Biscuit	17 Oatmeal Bar or PopTart
Crispy Chicken Sandwich Chuckwagon Sandwich Lettuce, Tomato, Pickles Celery & Cherry Tomato w/dip Fries Sidekick Slushie	Fish Nuggets Popcorn Chicken Hot Roll Glazed Carrots Green Beans Pineapple 3rd choice: Yogurt & Snack Crackers	Beef Taco Turkey Sandwich Lettuce, Tomato, Pickles Chips and Salsa and Sour Cream Fiesta Refried Beans Peach Cups	<u>THANKSGIVING MEAL</u>  (1)Turkey or (2) Ham Dressing Gravy Hot Roll Green Beans Creamy Sweet Potatoes Cranberry Sauce Mandarin Orange Fruit Salad Pumpkin Bars	(1)Chili w/crackers or (2)Hot Dog or (3)Chili Dog Steamed Broccoli and Cheese Baked Potatoes w/toppings Applesauce Cups 3rd choice: Cereal & String Cheese
20 Pancake on a Stick or French Toast	21 Pop tart or Cereal Bar			
Beef Nachos w/Nacho cheese Crispitos w/Nacho cheese Salsa Potato Wedges Fresh Broccoli and Ranch Sidekick Slushie	Pork Chopette w/ Hot Roll Frito Chili Pie Carrots w/dip Corn Fruit Cocktail 3rd choice: Yogurt & Snack Crackers			
27 Pillsbury French Toast or Pancakes	28 Chicken Slider	29 Cereal bar or UBR Round	30 Sausage & Biscuit	DEC 1 Cereal
(1)Cheese or Sausage (2)Pepperoni Pizza (3)Chicken Salad on Ciabatta Bread Carrots w/dip Fresh Side Salad Sidekick Slushie	Poppy Seed Chicken or Country Fried Steak with gravy Mexican Cornbread Black-eye Peas Sweet Potatoes Pears 3rd choice: Yogurt & Snack Crackers	Oven Fried Bologna Chicken Rotel Cornbread White Beans Broccoli and Cheese Pineapple 3rd choice: Chef's Salad	Chicken Nuggets w/ roll Mini Corn Dogs Green Beans Mashed Potatoes and Gravy Peaches 3rd choice: Ham Sandwich	<u><i>Mrs. Karen's Class Menu</i></u> Shrimp Po-boy Sandwich Pork Choppette w/ Roll Glazed Carrots Cucumbers & Ranch Kiwi & Cantaloupe Chocolate Cake 3rd choice: Cereal & String Cheese

This institution is an equal opportunity provider.